Mankato Clinic

DIAGNOSTIC IMAGING PATIENT INSTRUCTIONS

SOFT TISSUE ULTRASOUND / ABDOMINAL WALL

Patient:_____ Appointment Date: _____

Appointment Time: _____ am/pm

Location: Diagnostic Imaging Department, lower level at Mankato Clinic
1230 East Main Street, Mankato, MN 56001
Please enter the Mankato Clinic front door (marked #50)

Please check in at the Diagnostic Imaging Department.
The Mankato Clinic is requiring masking only for patients over the age of 2 that are feeling ill. If you are unable to keep your appointment or have questions, please call (507) 389-8570.

What is a Soft Tissue Ultrasound?
A soft tissue or abdominal wall ultrasound uses sound waves, not radiation, and an instrument called a transducer to obtain images of a lump that have formed under your skin, or to evaluate the soft tissues for possible hernia.

How do I prepare for the test:

- There are no dietary restrictions for this test.
- We recommend that you contact your insurance company prior to your appointment to understand what your coverage is for this test.
- To provide the best service and ensure your safety, young unsupervised children should not accompany parents to their Ultrasound appointments. Safety practices limit the number of people in the testing room and young children are not to be left unsupervised while in the waiting room or lobby. This will also ensure you can relax during the test which will result in better image outcomes.
- Arriving late may result in rescheduling your test.

What will happen during the test:

- You will be asked to undress depending on the location of the lump(s). A gown will be provided to you when needed.
- You will be asked to lie on a bed.
- This test may take up to 30 minutes to complete.
- Warm gel will be placed on your skin.
- A transducer will be moved around on your skin during the test.
- The sonographer will take several images.

Instructions for after your test:

- You may resume your regular routine unless you have been given other instructions.
- Your test will be reviewed and read by a Radiologist within the next 24 hours.
- The final signed report will be sent to the provider that ordered your test.
- Your test results will be available in your patient portal immediately after your provider reviews them. Your provider will discuss the results with you at your follow-up appointment. If you do not have a follow-up appointment, your provider will contact you by letter or phone within five to seven business days.