

DIAGNOSTIC IMAGING PATIENT INSTRUCTIONS

PYLORUS ULTRASOUND

Patient:	Appointment Date:	
Appointment	at Time: am/pm	
Location:	Diagnostic Imaging Department, lower level at Mankato Clinic 1230 East Main Street, Mankato, MN 56001 Please enter the Mankato Clinic front door (marked #50)	

Please check in at the Diagnostic Imaging Department.

The Mankato Clinic is requiring masking only for patients over the age of 2 that are feeling ill. If you are unable to keep your appointment or have questions, please call (507) 389-8570.

What is a Pylorus Ultrasound?

A pylorus ultrasound uses sound waves, not radiation, and an instrument called a transducer to obtain images of your child's stomach and pylorus. The pylorus is like a muscle that contracts to help move what your child eats or drinks into their bowel. This test is usually ordered to rule out hypertrophic pyloric stenosis in your child.

How do I prepare for the test:

- We recommend that you contact your insurance company prior to your appointment to understand what your coverage is for this test.
- We ask that you withhold your child's feeding 3 hours prior to their scheduled appointment.
- Please bring an empty bottle to be used during your child's test, in case Pedialyte needs to be administered (see below for details).
- You may also need to bottle/breast feed following the ultrasound test.
- To provide the best service and ensure the safety of your child, additional, young, unsupervised children should not accompany parents to the Ultrasound appointments. Safety practices limit the number of people in the testing room and young children are not to be left unsupervised while in the waiting room or lobby. This will also ensure you are available to assist your child during their test, if needed, which will result in better image outcomes.
- Arriving late may result in rescheduling your test.

What will happen during the test:

- This test will take approximately 30 minutes to complete.
- Your child will be placed on a bed on their back.
- Warm gel will be placed on your child's abdomen.
- A transducer will be placed on their tummy and moved around during the test.
- The sonographer will take several images.
- Your child may be given Pedialyte by the sonographer in order to watch and obtain real-time documentation of the fluid moving from your child's stomach through the pylorus.

Instructions for after the test:

- Your child may resume their regular routine unless given other instructions.
- Your child's test will be reviewed and read by a Radiologist within the next 24 hours.
- The final signed report will be sent to the provider that ordered the test.
- Your child's test results will be available in their patient portal immediately after the provider reviews them. Their provider will discuss the results with you at their follow-up appointment. If your child does not have a follow-up appointment, their provider will contact you by letter or phone within five to seven business days.