

PRE-SURGERY INSTRUCTIONS FOR ADULTS-Gastroscopy

Patient: _____

Pre-op Appointment Date: _____ **Arrival Time:** _____

Pre-op Provider: _____ **Facility:** _____

*Your pre-op appointment must be within 45 days of your surgery date. If your pre-op appointment is changed for any reason, please let us know as your surgery date is subject to change as well.

Date of Surgery: _____

Surgery Arrival Time:

- You will be contacted with your arrival time 1 business day prior to your surgery date

Surgeon: Dr Kara Sullivan

Surgery Location:

- ☐ Mankato Surgery Center (Wickersham Health Campus) 1411 Premier Dr. Mankato

Prior to Surgery:

- 7 days prior to surgery: **DO NOT TAKE:** aspirin, Ibuprofen, fish-oil or vitamin E supplements unless otherwise specified by your primary doctor. You may take Tylenol, if needed.
- You will need someone to drive you home after surgery.
- Nothing to eat or drink after midnight the night before surgery, unless otherwise instructed by pre-op nurse from surgical facility.
- Shower the night before AND the morning of surgery with soap. Apply clean bed linens, pajamas, and clothing after showering.
- Leave all valuables/jewelry at home (remove all piercings).

Patient Admissions will contact you a few days prior to surgery with a few general medical questions and to go over your surgery instructions. For Mankato Surgery Center, you may pre-register for your surgery at One Medical Passport website <https://www.onemedicalpassport.com/?fid=1032> For questions with the Mankato Surgery Center online registration, please call 507-388-6000.

*The Mankato Clinic recommends you contact your insurance company if you have questions about coverage for these services. Please be advised that you will receive charges for services from Mankato Clinic, anesthesiology and from the surgical facility.

Follow Up Appointment Date: _____ **Arrival Time:** _____

Provider: Dr. Sullivan **Facility:** _____

If you have questions or need to reschedule, please contact Patient Services at 507-385-3955.