



# Helping kids thrive.

## Convenient Care Close to Home

Parents have told us they prefer to have their child seen by a pediatric provider when they are not feeling well. That's why we are making it easier to get the care they need—at a place just for kids. When your child is sick, call 507-389-8529 for the Pediatrics Department at the Children's Health Center as early as 7 a.m. to make a same-day appointment for your child before going to Urgent Care.

## Behavioral Health Services

A behavioral health consultant is on our team to help children, teenagers and families cope with life events, stress, anxiety, depression, anger and new diagnoses. Upon recommendation of your provider, your child can begin short-term counseling—often the same day—at the Children's Health Center. In the first visit, our specialist talks with your child to understand the issue and develop solutions. Children usually have one to six visits to get them back to thriving.

## Diabetes Care Center

Mankato Clinic has a team of specialists to care for children with diabetes. Robert Larson, MD, is a pediatrician who has more than 40 years of experience in diabetes care. His interests include the latest insulin treatments and blood glucose monitoring to help children and parents best manage diabetes. Dr. Larson is a board member of Camp Sweet Life Adventures, a summer camp for children with diabetes. Dr. Larson sees patients in the Diabetes Care Center at the Main Street location at 1230 East Main Street, Mankato.

## Providers at Children's Health Center

Parents, we want the best for all children; providing children with exceptional care is the priority of the Mankato Clinic. We want them to grow strong, be healthy and thrive. When they become sick or a health challenge presents itself, we want to provide the absolute best care—close to home—in a place just for kids.

### Pediatrics Providers

|                             |                                   |
|-----------------------------|-----------------------------------|
| Noelle Bach, MD             | Shelia Ruschmeyer, MD             |
| Kelly Bryan, DO             | Katie Smentek, MD                 |
| Amy Deehr, DO               | Brian Williams, MD                |
| Ben Dexter, MD              | Darla Wrage, MD                   |
| Christine Hunter, APRN, DNP | Abby Schneider, Care Manager – RN |

### Specialty Service Providers

|                   |                            |
|-------------------|----------------------------|
| GASTROENTEROLOGY  | PEDIATRIC NUTRITION        |
| Kara Sullivan, MD | Laura Hoekstra, MS, RD, LD |
| Glenn Gourley, MD | BEHAVIORAL HEALTH SERVICES |
|                   | Sarah Sifers, Ph.D, LP     |

### Mankato Clinic Pediatric Speech Language Therapy Providers

Elizabeth Landgraff, MS CCC-SLP  
Nevada Maertens, MS, CCC-SLP  
Angie Throldahl, MS, CCC-SLP

### Mankato Clinic Pediatric Physical Therapy Providers

Lindsay Dexter, PT, DPT  
Abby Johnson, PT, DPT



### Caring for Kids Under One Roof

Gillette Specialty Healthcare and the Mankato Clinic partner at the Children's Health Center to make it easier for families to get the services and assistive technology they need without having to travel to multiple locations—including the Twin Cities.

### Visiting Specialties:

Visiting specialties including cardiology, endocrinology, gastroenterology and neurology are provided by partnering healthcare providers.

### Specialty Services for Children at other Mankato Clinic locations:

#### Daniels Health Center

1901 North Old Minnesota Avenue, St. Peter

PEDIATRICS | 507-934-2325

#### Madison East Center

1400 Madison Avenue, Mankato

DERMATOLOGY | 507-389-8538 | Suite 400A

PSYCHIATRY | 507-387-3195 | Suite 352

PSYCHOLOGY | 507-387-3195 | Suite 352

#### Main Street

1230 East Main Street, Mankato

DIABETES CARE CENTER | 507-385-4114

#### Pediatric Therapy Services

150 St. Andrews Court, Suite 310, Mankato

OCCUPATIONAL THERAPY | 507-388-5437

PHYSICAL THERAPY | 507-388-5437

SPEECH LANGUAGE THERAPY | 507-388-5437

#### River's Edge Campus

1900 North Sunrise Drive, St. Peter

DERMATOLOGY | 507-934-2144

#### Wickersham Health Campus

1421 Premier Drive, Mankato

ALLERGY | 507-389-8614

EARS, NOSE & THROAT | 507-385-4025

EYE CARE CENTER | 507-385-4070

HEARING CARE CENTER | 507-385-4025

