

## Mental Health Therapy – Mankato Area

Adult, Child and Family Services, LLC Phone: 507-387-3777

Website: http://acfsmankato.org/

**ASC Psychological Clinic** Phone: 507-345-4679

Website: https://www.ascpsychological.com/

**Associated Psychological Service, LTD** Phone: 507-388-8114

Website: <a href="https://www.apsmankato.com/">https://www.apsmankato.com/</a>

**Blue Earth Mental Health Center** Phone: 507-304-4319

Website: http://www.blueearthcountymn.gov/715/Mental-Health-Center

**Bonnie Lyn II, Mental Health Clinic** Phone: 507-388-5801

**Catholic Charities of Southern MN** Phone: 507-387-5586

Website: <a href="https://www.ccsomn.org/family-and-individual-counseling/">https://www.ccsomn.org/family-and-individual-counseling/</a>

**CORE Professional Services** Phone: 888-833-2859

Website: <a href="http://coreprofessionalservices.com/index.html">http://coreprofessionalservices.com/index.html</a>

**Deb Carstens Phone**: 507-386-7318

**Counseling Services of Southern MN** Phone: 507-931-8040 Website:

https://counseling-services.org/

**Christian Family Solutions Phone**: 800-438-1772

**Website**: https://christianfamilysolutions.org/locations/mankato/

**Eunoia Family Resource Center** Phone: 507-779-7366

Website: <a href="http://mentalhealthmn.com/">http://mentalhealthmn.com/</a>

**Fernbrook Phone**: 507-446-0431

Website: <a href="https://fernbrook.org/">https://fernbrook.org/</a>

**CARE Counseling Phone:** 507-345-7012

Website: <a href="https://care-clinics.com/">https://care-clinics.com/</a>

Collective Remedy, Alyssa Baker, LICSW, Phone: 507-248-7161

Website: https://www.collectiveremedy.com/

**The Emily Program** for eating disorders Phone: 888-364-5977

Website: <a href="https://emilyprogram.com/">https://emilyprogram.com/</a>

**Footnotes Family Counseling Services Phone:** 507-351-8799

Website: <a href="http://footnotescounseling.com/">http://footnotescounseling.com/</a>

• Freedom Counseling Center Phone: 507-934-4160

Website: <a href="http://www.freedom-c.com/">http://www.freedom-c.com/</a>

Journeys Toward Healing Counseling Center Phone: 507-386-7121

Website: <a href="http://www.jthcc.org/">http://www.jthcc.org/</a>

\*\*In an emergency call 911 or go to the nearest emergency room\*\*

Updated 3/9/2023

• Lutheran Social Services Phone: 507-625-7660

Website: https://www.lssmn.org/

• Mankato Psychology Clinic, PLC Phone: 507-387-1350

Website: http://www.mankatopsychologyclinic.com/

Mankato Marriage and Family Therapy Center Phone: 507-625-4884

Website: <a href="https://www.mmftc.com/clinical\_staff">https://www.mmftc.com/clinical\_staff</a>

Mankato Mental Health Associates-PATIENT MUST CALL TO MAKE AN APPOINTMENT.
Website: http://mankatomentalhealth.com/index.html
Phone: 507-345-4448

Mayo Clinic Health System in Mankato Eastridge Phone: 507-594-6500

Website: <a href="https://mayocl.in/33jYspS">https://mayocl.in/33jYspS</a>
Northridge Phone: 507-594-5700

M. Nelson Psychological Counseling
 Phone: 507-625-4442

Website: <a href="http://www.psychologicalcounselingmankato.com/">http://www.psychologicalcounselingmankato.com/</a>

Melrose Center for eating disorders Phone: 952-993-6200

Website: https://www.healthpartners.com/care/specialty-centers/melrose-center/

Minnesota Mental Health Services Phone: 507-242-8014

**Website:** https://www.mankatotherapist.com/

• Minnesota State University Counseling Center Phone: 507-389-1455 Website:

https://mankato.mnsu.edu/university-life/health-and-safety/counseling-center/

• Nystrom & Associates, LTD Phone: 507-225-1500

Website: <a href="https://www.nystromcounseling.com/our-locations/minnesota/mankato-clinic/">https://www.nystromcounseling.com/our-locations/minnesota/mankato-clinic/</a>

☐ Open Door Health Center Phone: 507-344-5512

Website: https://odhc.org/behavioral-health/

□ Phillip Psychological Clinic Phone: 507-345-5049

PrairieCare Medical Group Phone: 507-322-4785

Website: <a href="https://www.prairie-care.com/locations/mankato/">https://www.prairie-care.com/locations/mankato/</a>

Pride Counseling Services Website: <a href="https://pridecounselingservices.com/">https://pridecounselingservices.com/</a>	<b>Phone:</b> 507-246-2667
Southern Minnesota Behavioral Health Website: <a href="http://www.siouxtrails.org/">http://www.siouxtrails.org/</a>	<b>Phone</b> : 507-388-3181
Southern Valley Psychology Clinic	<b>Phone</b> : 507-385-7725
Surdy Family Services Website: <a href="https://www.surdyfamilyservices.com/">https://www.surdyfamilyservices.com/</a>	<b>Phone</b> : 507-388-8874
Surdy Psychological Services Website: https://www.surdypsychologicalservices.com/	
	Phone: 507-304-7020

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