

**PATIENT NOTICE: MEDICATION SAFETY FOR PAIN MANAGEMENT PROCEDURES**

We wish to maintain the highest level of safety when a pain management procedure is performed. Many medications can thin the blood and/or affect the clotting mechanism such that there is an increased risk of bleeding following a procedure. There can be negative consequences from excessive bleeding in certain areas of the spine, including permanent spinal cord and nerve injury.

If certain medications are not withheld appropriately, your pain management physician may not perform the scheduled procedure due to unnecessary risks. **Risks of stopping your blood thinning medication include, but are not limited to, an increased risk of stroke, blood clots, and/or heart attack.** These are guidelines. Your pain management physician will make final determination after reviewing your medical history and assessing your risk. You should resume your medication 24 hours after the procedure.

**If taking prescribed medications, please obtain approval from the provider who prescribed them to temporarily stop your medications as outlined below to maximize your safety:**

**MEDICATIONS TO BE HELD BEFORE PAIN MANAGEMENT PROCEDURE**

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| **Medication** | **Time To Hold** |
| **Coumadin** or **Jantoven (**warfarin**)** | **5 days** |
| **Plavix (**clopidogrel**), Elmiron (**pentosan polysulfate sodium**), Effient (**prasugrel**)** | **7 days** |
| **Xarelto (**rivaroxoban**), ReoPro (**abciximab**), Eliquis (**apixabam**),** | **72 hours** |
| **Arixtra (**fondaparinux**)** | **5 days** |
| **Pradaxa (**dabigatran etexilate**), Brilinta (**ticagrelor**)** | **4 days** |
| **Lovenox (**enoxaparin**), Fragmin (**dalteparin**), Normifo (**ardeparin**), Innohep (**tinzaprin**), Orgaran (**danaparoid**), And other low molecular weight heparins** | **24 hours** |
| **Heparin sub-q** | **10 hours** |
| **Aggrenox (**aspirin and dipyridamole**),** | **7 days** |
| **Pletal (**cilostazol**)** | **3 days** |
| **Aggrastat (**tirofiban**) and Integrillin (**eptifibatide**)** | **8 hours** |
| **Iprivask (**desirudin**), Refludan (**lepirudin**), Angiomax (**bivalirudin**), Novastan (**Argatroban**).** | **14 days** |
| **Ticlid (**ticlopidine**)** | **14 days** |

**\*Hold above medications if you are scheduled for:**

* Epidural Steroid Injection
* Stellate Ganglion Nerve Block
* Trigeminal Nerve Block
* Lumbar Sympathetic Nerve Block
* Sphenopalatine Nerve Block
* (C1-C2) Facet Joint Injection
* Pudendal Nerve Block
* Hypogastric Plexus Block
* Hip Radio Frequency Ablation
* Celiac Plexus Block
* Intercostal Nerve Block
* Ganglion Impar Block

**If you have any questions please call and speak with a nurse at 507.625.PAIN (7246).**

**Updated 1/2024**