

NUCLEAR MEDICINE PATIENT INSTRUCTIONS

Meckel's Scan

Patient: _____ Appointment Date: _____

Appointment Time: _____ am/pm

Location: Nuclear Medicine Department 1st floor at Mankato Clinic
1230 East Main Street Mankato, MN 56001
Please enter the Mankato Clinic front door (marked #50)

Please check in at the Nuclear Medicine Department.

The Mankato Clinic is requiring masking only for patients over the age of 2 that are feeling ill. If you are unable to keep your appointment or have questions, please call 507-389-8519.

What is a/an Meckel's Scan:

This test is an imaging procedure used to detect Meckel's diverticulum, which is an abnormal out-pouching in the small intestine.

How do I prepare for the test:

- Before scheduling your test, please tell your provider if you are:
 - Pregnant or think you may be pregnant or breastfeeding.
 - Do not eat or drink anything 8 hours before the exam. This includes medicine, gum and hard candy
 - Tell your provider if you have had any radiology procedures that used barium contrast 1-2 weeks before this test.
 - Tell your provider if you have had a PET/CT scan in the last 48 hours.
- To provide the best service and ensure your safety, young unsupervised children should not accompany parents to their imaging appointments. Safety practices limit the number of people in the testing room and young children are not to be left unsupervised while in the waiting room or lobby. This will also ensure you can relax during the test which will result in better image outcomes.
- We recommend that you contact your insurance company prior to your appointment to understand what your coverage is for this test.

What will happen during the test:

- A technologist will start an intravenous (IV) line in your arm or hand.
- You will receive a small amount of radioactive material through the IV.
- You will lie still on your back on an imaging table
- Images will be taken of your abdominal area for 50 minutes with a special camera.
- The test takes about 60 minutes

Instructions for after your test:

- Your provider will share the results of your test with you at your follow-up appointment. If you do not have a follow-up appointment your provider may contact you by letter. If not, you may contact your provider's office five to seven business days after your test to obtain results.
- The technologist will remove the IV.
- You may return to your normal activities immediately.