NUCLEAR MEDICINE PATIENT INSTRUCTIONS

Lasix Renogram (Kidney Scan)

Mankato Clinic

Patient:	Appointment Date:
Appointment Time:	.am/pm

Location: Nuclear Medicine Department 1st floor at Mankato Clinic 1230 East Main Street Mankato, MN 56001 Please enter the Mankato Clinic front door (marked #50)

Please check in at the Nuclear Medicine Department.

If you are unable to keep your appointment or have questions, please call 507-389-8519.

What is a/an Lasix Renogram (Kidney Scan):

This test is an imaging procedure used to rule out obstruction in the ureters with images of the blood supply, function and excretion of urine from the kidneys.

How do I prepare for the test:

- Before scheduling your test, please tell your provider if you are:
 - Pregnant or think you may be pregnant or breastfeeding.
 - Your provider should instruct you if you should stop taking any blood pressure medications and/or ACE inhibitors 48 hours before the test. Please ask your provider if you have questions regarding your medication.
 - Tell your provider if you have had any radiology procedures that used barium contrast 1-2 weeks before this test.
- To provide the best service and ensure your safety, young unsupervised children should not accompany parents to their imaging appointments. Safety practices limit the number of people in the testing room and young children are not to be left unsupervised while in the waiting room or lobby. This will also ensure you can relax during the test which will result in better image outcomes.
- We recommend that you contact your insurance company prior to your appointment to understand what your coverage is for this test.
- Day of test:
 - Drink plenty of fluids to be well hydrated for the test.
 - \circ Use the restroom before the test.

What will happen during the test:

- A technologist will start an intravenous (IV) line in your arm or hand.
- You will receive a small amount of radioactive material through the IV.
- You will lie still on your back on an imaging table
- Images will be taken of your kidneys for 40 minutes with a special camera.
- After 20 minutes of imaging, you will receive a diuretic, called Lasix, through the IV. You will feel the urge to empty your bladder but try to control it for the next 20 minutes. please inform the technologist if you cannot control your bladder or if you must urinate.
- The test takes about 60 minutes

Instructions for after your test:

- Your provider will share the results of your test with you at your follow-up appointment. If you do not have a follow-up appointment, your provider may contact you by letter. If not, you may contact your provider's office five to seven business days after your test to obtain results.
- The technologist will remove the IV.
- You may return to your normal activities immediately.