

HYSTEROSALPINGOGRAM (HSG)

Patient: _____ Appointment Date: _____

Appointment Time: _____ am/pm

Location: Diagnostic Imaging Department, lower level at Mankato Clinic
1230 East Main Street, Mankato, MN 56001
Please enter the Mankato Clinic front door (marked #50)

Please check in at the Diagnostic Imaging Department.

If you are unable to keep your appointment or have questions, please call (507) 389-8570.

What is a/an Hysterosalpingogram (HSG):

A hysterosalpingogram uses fluoroscopy (moving x-rays) and a colorless contrast (x-ray dye) to visualize the uterus and fallopian tubes.

How do I prepare for the test:

- Before scheduling your test, please tell your provider if you are pregnant or think you may be pregnant
- We recommend that you contact your insurance company prior to your appointment to understand what your coverage is for this test.
- There are no dietary restrictions for this exam.
- If you wear a glucose monitor, you will be required to remove it prior to your scan for your own safety. If appropriate, you may request to have your scan scheduled to coordinate with the next replacement date of your monitor.
- To provide our best services and safety practices to you during your visit, we respectfully ask that young children do not attend parental appointments and we appreciate your understanding.

What will happen during the test:

- You will be asked to undress and a gown will be provided.
- You will be asked to empty your bladder before the test, and you will be given a cleansing towelette to wash your vaginal area.
- You will be asked to lie on your back on the exam table.
- Your provider will place a speculum in the vagina to visualize the cervix. An instrument called a tenaculum is placed on the cervix to allow a narrow, metal cannula (tube) to be inserted through the cervical opening.
- X-ray images will be taken while the contrast is slowly injected through the cannula. You may experience mild cramping during the injection.
- You may be asked to roll slightly to one side or the other during the test.

Instructions for after your test:

- You may leak contrast fluid/bloody discharge for a while after the test. It is recommended to wear a sanitary pad, one will be provided unless you prefer to bring your own.
- Your test will be reviewed and read by a Radiologist.
- Your test results will be available in your patient portal immediately after your provider reviews them. Your provider will discuss the results with you at your follow-up appointment. If you do not have a follow-up appointment, your provider will contact you by letter or phone within five to seven business days.