



## Hepatobiliary Scan (HIDA)

Patient: \_\_\_\_\_ Appointment Date: \_\_\_\_\_

Appointment Time: \_\_\_\_\_ am/pm

Location: Nuclear Medicine Department 1<sup>st</sup> floor at Mankato Clinic  
1230 East Main Street Mankato, MN 56001  
Please enter the Mankato Clinic front door (marked #50)

### Please check in at the Nuclear Medicine Department.

The Mankato Clinic is requiring masking only for patients over the age of 2 that are feeling ill. If you are unable to keep your appointment or have questions, please call 507-389-8519.

### What is a/an Hepatobiliary Scan:

This test is an imaging procedure that help to diagnose problems in the liver, gallbladder, and bile ducts. The study helps in the diagnosis of diseases and conditions such as, gallbladder inflammation, bile duct obstruction, abnormalities in the bile ducts and postoperative complications.

### How do I prepare for the test:

- Before scheduling your exam, please tell your provider if you are:
  - Breastfeeding, pregnant or think you may be pregnant.
  - Tell your provider if you have had a PET/CT scan in the last 48 hours.
  - Diabetic. Your provider will instruct you about taking your diabetes medications. Some medications need to be stopped after the exam.
  - Tell your provider if you have had any radiology procedures that used barium contrast 1-2 weeks before this test.
- To provide the best service and ensure your safety, young unsupervised children should not accompany parents to their imaging appointments. Safety practices limit the number of people in the testing room and young children are not to be left unsupervised while in the waiting room or lobby. This will also ensure you can relax during the test which will result in better image outcomes.
- We recommend that you contact your insurance company prior to your appointment to understand what your coverage is for this test.
- Day of test:
  - Do not eat or drink anything 4 hours before the test. This includes medicine, gum or hard candy.
  - Do not take any medications containing Morphine 24 hours before the test.
  - Please bring a responsible adult driver in case you may need to be given a medication called Morphine to better visualize your gallbladder. If Morphine is given, you will be unable to drive home.

### What will happen during the test:

- The technologist will start an intravenous (IV) line in your arm or hand and you will receive a radioactive material through the IV. You will lie on your back on the imagining table and will be asked to lie very still.
- Images will be taken of your abdomen with a special camera for up to 60 minutes.
- A 2<sup>nd</sup> medicine, Kinevac, will be given through the IV. Some patients may be asked to drink Ensure instead of receiving Kinevac. More images will be taken for another 60 minutes.
- The test takes about 2 hours total.

### Instructions for after your exam:

- Your provider will share the results of your test with you at your follow-up appointment. If you do not have a follow-up appointment, your provider may contact you by letter. If not, you may contact your provider's office 5 to 7 business days after your test to obtain results.
- The technologist will remove the IV.
- You can return to your normal activities immediately.