



Portal Registration Instructions

Welcome to the all-in-one personal health record and patient portal that lets you access your medical information in a secure online environment **24 hours a day**, **7 days a week** from any computer, tablet or smartphone!

Just follow these steps to access your information today!



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Check your email. You will receive an email from <u>noreply@followmyhealth.com</u>. Click the registration link and follow the onscreen prompts.

Click Sign Up and Connect. If you already have a portal account and want to add an additional provider, click Sign in and add this connection.

Sign	Up and Connect
Create Username (Jung your email & reco	www.endedl X Must begin with a letter or a number X if using your small, must be a validly formatted email address
Oreche Password Password Confirm Password	Must be at least 8 characters Must contain at least one number Must contain at least one special character For example: def\$50.4*(), Passwords must match

Create a username for your portal account. By default, your email address that your invitation was sent to will appear in the username box. It is recommended to use this email address as your username.

Next, **create a password** following the criteria noted on the right of the screen.

Renter your password to continue.

	Get	Connected
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Get Connected. Follow the on-screen prompts on the next few screens to complete your connection. These screens include accepting our Terms of Service, entering your Invite Code and accepting the Release of Information.

	FollowMyHealth 4	tspañol
	Connect your account Step 5: Upload Health Record	
Follow	MyHealth -	
	Connect your account	
	Step 1: Welcome	
	wecome reactionizz. These sciences will faile you through the 5-step process of connecting your Universal Health Record to RMH Po 13 GAL Meass elaw Millionet three to complete this process from start to finith. If your session is interrupted, you will be added to start again from the beginning.	
	Peole Cick Treat to Continue.	



Have Questions for Your Physician?

Avoid phone tag—communicate with your doctor by using the secure messaging feature within the portal. It's quick and easy—just like email!

Click on the **Inbox** tab and **Compose** to start a message.



Mankato Clinic

Together we thrive.

Telephone Support:

(507) 389-8694 Monday—Friday, 8:00 a.m—4:30 p.m. **Email Support:** myhealthinfo@mankato-clinic.com