

Getting started on the My Health Patient Portal

How do I get signed up for the portal?

You must fill out a patient portal sign-up form. These forms are at all of our Mankato Clinic locations. We need to be provided with a valid ID for verification purposes. Once you have presented a valid ID and filled out a portal sign-up form, an e-mail will be sent to the e-mail address that was provided on the form.

I haven't seen the invitation for the portal yet or was one not sent?

Check your "junk" or "spam" folder as the e-mail from FollowMyHealth can find its way into one of these folders. If you are still unable to find the e-mail, contact Portal Support at 507-389-8694 or myhealthinfo@mankato-clinic.com and we can resend an invitation.

What is my invitation code?

The invite code is defaulted to the last four digits of your Social Security number or another number you may have written on your form.

I want to add my children to my account. How do I do that?

You would need to fill out a sign up form for each of the children you want to add to your account. At our Children's Health Center we have a form made for families so you can put all the children's names on one form. We can only set up the account for children under the age of 13. Children ages 13-17 don't have access to the portal account. The Mankato Clinic is prohibited by law to offer children ages 13-17 portal access. In Minnesota there is a statute in place for situations (ex: reproductive health and substance abuse) where minors ages 13-17 can direct their own care. If parents can see their portal, they would be able to see their child's care information, which is protected under Minnesota law. You will receive an e-mail invite to get the children added to your account.

What happens to my child's portal account after they turn 13?

The account retains all the old information, but no new information will be added by the Mankato Clinic to their portal account. Once the child turns 18, they can sign up for their own portal account.