



NUCLEAR MEDICINE PATIENT INSTRUCTIONS

Renogram (Kidney Scan)

Patient: _____ Appointment Date: _____

Arrival Time: _____ am/pm Scan Time: _____ am/pm

Location: Nuclear Medicine at Mankato Clinic
1230 East Main Street, Mankato, MN 56001

Please check in at Central Registration prior to going to Nuclear Medicine.

If you are unable to keep your appointment or have questions, please call 507-389-8519.

What is a/an Renogram (Kidney Scan):

This test is an imaging procedure used to examine blood supply, function, and excretion of urine from the kidneys. This test is useful in examining renal function.

How do I prepare for the test:

- Before scheduling your test, please tell your provider if you are:
 - Pregnant or think you may be pregnant or breastfeeding.
 - Your provider should instruct you if you should stop taking any blood pressure medications and/or ACE inhibitors 48 hours before the test. Please ask your provider if you have questions regarding your medication.
- Day of test:
 - Drink plenty of fluids to be well hydrated for the test.
 - Use the restroom before the test

What will happen during the test:

- A technologist will start an intravenous (IV) line in your arm or hand and you will receive a radioactive material through the IV.
- You will lie on your back on the imaging table while a special camera takes images of your kidneys for 30 minutes. You must lie still during the test.
- The test takes about 45 minutes.

Instructions for after your test:

- Your provider will share the results of your test with you at your follow-up appointment. If you do not have a follow-up appointment, your provider may contact you by letter. If not, you may contact your provider's office five to seven business days after your test to obtain results.
- You may return to your normal activities immediately.