



## NUCLEAR MEDICINE PATIENT INSTRUCTIONS

### Renogram (Kidney Scan)

Patient: \_\_\_\_\_ Appointment Date: \_\_\_\_\_

Arrival Time: \_\_\_\_\_ am/pm Scan Time: \_\_\_\_\_ am/pm

Location: Nuclear Medicine at Mankato Clinic  
1230 East Main Street, Mankato, MN 56001

**Please check in at Central Registration prior to going to Nuclear Medicine.**

If you are unable to keep your appointment or have questions, please call 507-389-8519.

#### **What is a/an Renogram (Kidney Scan):**

This test is an imaging procedure used to examine blood supply, function, and excretion of urine from the kidneys. This test is useful in examining renal function.

#### **How do I prepare for the test:**

- Before scheduling your test, please tell your provider if you are:
  - Pregnant or think you may be pregnant or breastfeeding.
  - Your provider should instruct you if you should stop taking any blood pressure medications and/or ACE inhibitors 48 hours before the test. Please ask your provider if you have questions regarding your medication.
  - Tell your provider if you have had a PET/CT scan in the last 48 hours.
- Day of test:
  - Drink plenty of fluids to be well hydrated for the test.
  - Use the restroom before the test

#### **What will happen during the test:**

- A technologist will start an intravenous (IV) line in your arm or hand and you will receive a radioactive material through the IV.
- You will lie on your back on the imaging table while a special camera takes images of your kidneys for 30 minutes. You must lie still during the test.
- The test takes about 45 minutes.

#### **Instructions for after your test:**

- Your provider will share the results of your test with you at your follow-up appointment. If you do not have a follow-up appointment, your provider may contact you by letter. If not, you may contact your provider's office five to seven business days after your test to obtain results.
- You may return to your normal activities immediately.