



NUCLEAR MEDICINE PATIENT INSTRUCTIONS

GI Bleed Scan

Patient: _____ Appointment Date: _____

Arrival Time: _____ am/pm Scan Time: _____ am/pm

Location: Nuclear Medicine at Mankato Clinic
1230 East Main Street, Mankato, MN 56001

Please check in at Central Registration prior to going to Nuclear Medicine.

If you are unable to keep your appointment or have questions, please call 507-389-8519.

What is a/an GI Bleed Scan:

This test is an imaging procedure that is used to detect and localize the site of active bleeding in the gastrointestinal (GI) tract. A small amount of a radioactive imaging agent is utilized to monitor the entire GI tract for up to 24 hours.

How do I prepare for the test:

- Before scheduling your test, please tell your provider if you are:
 - Pregnant or think you may be pregnant or breastfeeding.
 - Diabetic. Your provider will instruct you about taking your diabetes medications. Some medications need to be stopped after the test.
 - Tell your provider if you have had any radiology procedures that used barium contrast 1-2 weeks before this test.
- Day of test:
 - Do not eat or drink anything 8 hours before the test. This includes medicine, gum and hard candy.

What will happen during the test:

- A technologist will start an intravenous (IV) line in your arm or hand and will draw a small amount of blood from the IV. The blood will be tagged to a radioactive material. This will take 30 minutes. The radioactive blood will then be injected into the IV.
- You will lie on your back on the imaging table while images are taken of your abdomen with a special camera for 60 minutes. During this test, you must lie still.
- Occasionally, more images may be needed.
- Total exam time is about 90 minutes.

Instructions for after your test:

- Your provider will share the results of your test with you at your follow-up appointment. If you do not have a follow-up appointment, your provider may contact you by letter. If not, you may contact your provider's office five to seven business days after your test to obtain results.
- The technologist will remove the IV.
- You may return to your normal activities immediately.