CT UROGRAM - ABDOMEN and PELVIS COMBINED

Patient: ______________________________________________________________

Appointment Date: ____________________________________

Arrival Time: _____________________ am/pm
Scan Time: _____________________ am/pm

Location: Diagnostic Imaging Department at Mankato Clinic
1230 East Main Street, Mankato, MN 56001

Please check in at Central Registration prior to going to Diagnostic Imaging.
If you are unable to keep your appointment or have questions, please call (507) 389-8570.

What is a/an CT Urogram – Abdomen and Pelvis Combined:
This test is a specialized x-ray of your organs located between the lower lungs and bottom of your pelvis.

How do I prepare for the test:
• Before scheduling your test, please tell your provider if you are:
  o Pregnant or think you may be pregnant.
  o Allergic to intravenous contrast (IV X-ray dye). You may need to take special medication before your test.
  o Diabetic. Your provider will instruct you about taking your diabetes medications. Some medications need to be stopped after the test.
• A lab creatinine / eGFR value may need to be drawn before your test to check your kidney function.
  o If your creatinine /eGFR level comes back elevated, your Provider may schedule you for IV fluids after your test.
  o Please allow 2-4 hours for this hydration, and you will be notified prior to your test if this is required.
• Continue to take your normal medications.
• The day before your test, the radiologist will review the test ordered and your diagnosis. In order to provide the best possible results, there is a chance the radiologist will modify your test. This may involve a need to adjust your prep and/or arrival time. A technologist would contact you by phone to discuss these changes and advise you of any changes in prep.
• It is important that you drink a variety of clear liquid beverages with calories to prevent dehydration.
• **Exam Prep for all Ages:** 4 hours prior to your appointment, you may have any of the following clear liquids up to your arrival time:
  - Apple, grape or cranberry juice
  - Popsicles
  - Fruit juice without pulp
  - Water
  - Gummy bears
  - Bouillon
  - Fruit sports drinks
  - Plain Jell-O

What will happen during the test:
• The CT scanner is a large machine that is shaped like a donut.
• You will be asked to undress for this test and to remove any jewelry and/or piercings from this area.
• You will be asked to lie on your back on the scanning table with your arms placed above your head.
• An intravenous needle (IV) will be inserted in your arm. **Power Ports** may be used if they are power injectable.
• During the scan, contrast will be injected through the IV to better visualize your arteries, veins and organs. You may experience a warm feeling throughout your body and get a “metal” taste from the contrast.
• Your test will take approximately 45-60 minutes once in the scan room.

Instructions for after your test:
• You may resume your regular diet unless you have been given other instructions.
• You may experience some diarrhea for the remainder of the day from the drink you were given.
• Drink plenty of water for the remainder of the day to flush the contrast out of your system.
• Contact your health care provider immediately if you experience redness or swelling at your IV site.
• Your test will be reviewed and read by a Radiologist within the next 24 hours.
• The final signed report will be sent to the provider that ordered your test.
• Your provider will share the results of your test with you at your follow-up appointment. If you do not have a follow-up appointment, your provider may contact you by letter. If not, you may contact your provider’s office five to seven business days after your test to obtain results.