

# I-123 Whole Body Scan with Thyrogen (4 Day Exam)

## Before the Exam:

- If you have had any x-ray contrast with iodine, you must wait four weeks before having this exam.
- You will continue to take your normal thyroid hormone therapy.
- Tell your provider if you are breastfeeding, pregnant or think you may be pregnant.

## During the 4 Day Exam:

**Day 1 Date:**\_\_\_\_\_ **Time:**\_\_\_\_\_

- A nurse will inject Thyrogen intramuscularly (IM).
- You will wait 1 hour after the injection to monitor for an allergic reaction. The wait is 30 minutes if you have had Thyrogen in the past.

**Day 2 Date:**\_\_\_\_\_ **Time:**\_\_\_\_\_

- A nurse will inject Thyrogen intramuscularly (IM).
- You will wait 30 minutes to monitor for an allergic reaction.

**Day 3 Date:**\_\_\_\_\_ **Time:**\_\_\_\_\_

- The technologist will ask you medical history questions as they pertain to this thyroid scan.
- You will swallow capsules that contain a small amount of radioactive material.

**Day 4 Date:**\_\_\_\_\_ **Time:**\_\_\_\_\_

- You will be given 1 - 2 glasses of water to drink right before the scan.
- You will lie on your back on the imaging table.
- You **MUST** lie still.
- Images will be taken with a special camera for up to 40 minutes.
- The exam takes about 45 minutes.
- After the scan, you will go to the laboratory for a thyroglobulin blood test.

## After the Exam:

- You may return to your normal activities.
- Your provider's office will contact you with the exam results.

**If you have any questions please call your providers office.**