

MANKATO CLINIC NUCLEAR MEDICINE PATIENT INSTRUCTIONS

Renogram (Kidney Scan)

Appointment Date: _____ **Time:** _____

Before the Exam:

- **You should be well hydrated. Please drink plenty of fluids.**
- Please use the restroom before the exam.
- Your provider should instruct you if you should stop taking any blood pressure medications and/or ACE inhibitors 48 hours before the exam. Please ask your provider if you have questions.
- Tell your provider if you are breastfeeding, pregnant or think you may be pregnant.

During the Exam:

- The technologist will start an intravenous (IV) line in your arm or hand.
- You will lie on your back on the imaging table.
- You will receive a radioactive material through the IV.
- Images will be taken of your kidneys for 30 minutes with a special camera.
- You **MUST** lie still during the scan.
- The exam takes about 45 minutes.

After the Exam:

- The technologist will remove the IV.
- You may return to your normal activities.
- Your provider's office will contact you with the exam results.

If you need to reschedule or cancel your appointment, or have questions regarding this test, please call 507-385-3955.

Nuclear Medicine is located at our Main Street location on first floor. Please check in at our Cardiology department.

MANKATO CLINIC