

MANKATO CLINIC NUCLEAR MEDICINE PATIENT INSTRUCTIONS

Lasix Renogram (Kidney Scan)

Appointment Date: _____ Time: _____

Before the Exam:

- **You should be well hydrated. Please drink plenty of fluids.**
- Please use the restroom before the exam.
- Your provider should instruct you if you should stop taking any blood pressure medications and/or ACE inhibitors 48 hours before the exam. Please ask your doctor if you have questions.
- Tell your provider if you are breastfeeding, pregnant or think you may be pregnant.

During the Exam:

- The technologist will start an intravenous (IV) line in your arm or hand.
- You will lie on your back on the imaging table.
- You will receive a radioactive material through the IV.
- Images will be taken of your kidneys for 40 minutes with a special camera.
- After 20 minutes of imaging, you will receive a diuretic, called Lasix, through the IV. You may feel the urge to empty your bladder but try to control it for the next 20 minutes. Please inform the technologist if you cannot control your bladder or if you must urinate.
- You **MUST** lie still during the scan.
- The exam takes 60 minutes.

After the Exam:

- The technologist will remove the IV.
- You may return to your normal activities.
- Your provider's office will contact you with the exam results.

If you need to reschedule or cancel your appointment, or have questions regarding this test, please call 507-385-3955.

Nuclear Medicine is located at our Main Street location on first floor. Please check in at our Cardiology department.

MANKATO CLINIC