

Gastric Emptying Scan (Solid Phase)

Appointment Date: _____ Time: _____

Before the Exam:

- **Do not eat or drink anything 8 hours before the exam. This includes medicine, gum and hard candy.**
- Tell your provider if you have had any radiology procedures that used barium contrast 1-2 weeks before this exam.
- Tell your provider if you are breastfeeding, pregnant or think you may be pregnant.

During the Exam:

- You will eat a serving of oatmeal (8 ounces) that contains a small amount of radioactive material.
- The radioactive material will help your stomach show up on the scan.
- You will lie on your back on the imaging table.
- Images will be taken of your stomach with a special camera.
- You **MUST** lie still during the images.
- The exam takes 2 hours.

After the Exam:

- You may return to your normal activities.
- Your provider's office will contact you with the exam results.

**If you need to reschedule or cancel your appointment,
or have questions regarding this test, please call 507-385-3955.**

**Nuclear Medicine is located at our Main Street location on first floor.
Please check in at our Cardiology department.**