

Gastric Emptying Scan w/Eggs (Solid Phase)

Appointment Date: _____ **Time:** _____

Before the Exam:

- Do not eat or drink anything 8 hours before the exam. This includes medicine, gum and hard candy.
- Tell your provider if you have had any radiology procedures that used barium contrast 1-2 weeks before this exam.
- Tell your provider if you are breastfeeding, pregnant or think you may be pregnant.

During the Exam:

- You will quickly eat a serving of scrambled eggs (contains a small amount of radioactive material), toast and water.
- The radioactive material will help your stomach show up on the scan.
- Every 30 minutes you will stand in front of a special camera for a 1-minute image.
- You need to stand still during the 1-minute images.
- The exam takes 2 hours.

After the Exam:

- You may return to your normal activities.
- Your provider's office will contact you with the exam results.

**If you need to reschedule or cancel your appointment,
or have questions regarding this test, please call 507-385-3955.**

**Nuclear Medicine is located at our Main Street location on first floor.
Please check in at our Cardiology department.**