

Bone Scan Three Phase

Appointment Date: _____ **Time:** _____

Before the Exam:

- Avoid clothing with metal buckles, snaps, buttons or adornments.
- If you are experiencing a cough at the time of exam, please bring cough suppressants/drops.
- Tell your provider if you are breastfeeding, pregnant or think you may be pregnant.

During the Exam:

- **Part 1:** This part of the exam is 30 minutes.
 - You will lie on you back on the imaging table and an IV will be started in your arm.
 - You will receive an injection of a radioactive material in the IV while a special camera is taking images of the injected material going to a specific area of you body, i.e. knees, feet, hips, hands etc.
 - You need to lie still during the images.
 - After the injection, you may leave the clinic.
 - Please drink 4-6 cups (8 ounces each) of fluid. You may eat as you normally do.
 - You will return for more images 3 hours later
- **Part 2:** This part of the exam is 45 minutes.
 - You will lie on your back on the imaging table.
 - Images will be taken of a specific area of your body with a special camera.
 - You need to lie still during the images.

After the Exam:

- You may return to your normal activities.
- Your provider's office will contact you with the exam results.

**If you need to reschedule or cancel your appointment,
or have questions regarding this test, please call 507-385-3955.**

**Nuclear Medicine is located at our Main Street location on first floor.
Please check in at our Cardiology department.**