

Thyroid I-123 Uptake and Scan

(2 Day Exam with Scan at 4 hours and 24 hours)

Appointments

Capsule Date: _____ Time: _____

4 Hour Scan Date: _____ Time: _____

24 Hour Scan Date: _____ Time: _____

Before the Exam:

- You need to be off **ALL** thyroid medications 4 weeks before the exam i.e. Synthroid, Cytomel, Levothyroxine etc.
- You need to be off **ALL** anti-thyroid medications 5 days before the exam i.e. Tapazole, Methimazole, PTU (Propylthiouracil).
- If you have had any X-ray contrast with iodine, you must wait 4 weeks before having this exam.
- Tell your provider if you are breastfeeding, pregnant or think you may be pregnant.

During the Exam:

- This is a 2 day exam.
- **Day 1:**
 - The technologist will ask you medical history questions as they pertain to a thyroid scan.
 - You will swallow 2 capsules that contain a small amount of radioactive material.
 - Avoid seafood and extra salt for the next 24 hours.
 - You will return for a scan about 4 hours after taking the capsules.
 - You will lie on your back on the imaging table.
 - You **MUST** lie still.
 - Images will be taken of your neck with a special camera for up to 35 minutes.
 - The exam takes about 45 minutes.
 - You will return the next day for more imaging,
- **Day 2:**
 - You will lie on your back on the imaging table.
 - You **MUST** lie still.
 - Images will be taken of your neck with a special camera for up to 35 minutes.
 - The exam takes about 45 minutes.

After the Exam:

- You may return to your normal activities.
- Your provider's office will contact you with the exam results.

If you need to reschedule or cancel your appointment, or have questions regarding this test, please call 507-385-3955.

Nuclear Medicine is located at our Main Street location on first floor.
Please check in at our Cardiology department.

MANKATO CLINIC