

Sleep Deprived EEG - Minor 6 years of age and younger

Patient: _____

Appointment Date: _____ **Time:** _____ am / pm

Location: Neurology Department at Mankato Clinic

Preparation Instruction for the test are as follows:

- Thoroughly clean child's hair. Hair must be free of gels, mousse, hair sprays or any other hair products.
- Keep child awake until midnight the night before the test. Then wake at 5 a.m. and stay awake until the time of the appointment.
- No caffeine products 24 hours prior to the test.
- A light snack before midnight is allowed. Infants may be feed as usual.
- Continue to take medications as usual, **EXCEPT** for sleep inducing medications.
- Bring a current list of your child's medications with you to the appointment or bring the medications in their containers.
- Please do not bring other children to the appointment to avoid distraction during the study.

**If you need to reschedule or cancel your appointment,
please call 507-389-8568 as soon as possible.**

**The Mankato Clinic Neurology Department is located at our
Main Street location: 1230 East Main Street**