

Sonohysterogram Ultrasound

Patient: _____

Appointment Date: _____ Time: _____ am / pm

Location: Diagnostic Imaging Department at Mankato Clinic
1230 East Main Street, Mankato, MN 56001

Before the Exam:

A sonohysterogram ultrasound uses sound waves, not radiation, and combines endovaginal ultrasound with the infusion of a small amount of sterile saline solution into the uterus to visualize the endometrial cavity (inside of the uterus).

- There are no dietary restrictions for this exam.
- There is no prep for this exam.
- Arriving late will result in rescheduling your exam.
- You will be asked to empty your bladder prior to the exam.

During the Exam:

- You will be asked to undress. A gown will be provided.
- You will be asked to lie on a bed.
- This exam may take up to 60 minutes to complete.
- The first part of the exam involves the sonographer taking several images using an endovaginal probe to image your uterus and ovaries.
- The second part of the exam will be the actual performance of the sonohysterogram procedure. This will involve your provider placing a metal speculum into your vagina to identify the cervix. Your cervix will be cleaned. A small catheter (tube) will be inserted through the vagina into the endometrial canal. Once the catheter is in place, the speculum will be removed and the endovaginal probe will be inserted into the vagina. While obtaining images, your provider will gently instill approximately 10-20 cc's (a couple of tablespoons) of sterile fluid. This will help distend your endometrial canal to have a better look at your endometrial lining. The ultrasound transducer and catheter will be gently removed.

After the Exam:

- We will provide a sanitary pad for your underwear for any leaking fluid following the procedure.
- You may experience light discharge, some vaginal spotting or bleeding, as well as possible lower abdominal cramping.
- If symptoms worsen, please contact your provider's office.
- You may resume your regular routine unless you have been given other instructions.

Your exam will be reviewed and read by a Radiologist within the next 24 hours. A report will go to your provider for him/her to review. Your provider is responsible for communicating the results to you and this will be done by letter, a phone call, or a follow up appointment. If you don't have a follow up appointment scheduled and have not heard anything within a week, you have the right to call your provider's department and inquire about results.

If you are unable to keep your appointment or have questions about your exam, please call 507-389-8570.

Please check in at Patient Registration prior to going to the Diagnostic Imaging Department.