

# MANKATO CLINIC DIAGNOSTIC IMAGING PATIENT INSTRUCTIONS

## Obstetric Biophysical Profile Ultrasound (BPP)

Patient: \_\_\_\_\_

Appointment Date: \_\_\_\_\_ Time: \_\_\_\_\_ am / pm

Location: Diagnostic Imaging Department at Mankato Clinic  
1230 East Main Street, Mankato, MN 56001

### Before the Exam:

A biophysical profile ultrasound uses sound waves, not radiation, and an instrument called a transducer to obtain images of your baby as well as the organs within your pelvis.

- It is recommended that you eat a meal one hour prior to your exam to help increase fetal movement.
- Arriving late will result in rescheduling your exam.

### During the Exam:

- You will be asked to undress. A gown will be provided.
- You will be asked to lie on a bed.
- This exam may take up to 30 minutes to complete.
- Warm gel will be placed on your abdomen and pelvic area.
- A transducer will be moved around on your abdomen and pelvic area during the exam.
- The sonographer will take several images.
- Your images will be reviewed and read by a radiologist.
- The final signed report will be sent to the provider that ordered your exam.

### After the Exam:

- You may resume your regular routine unless you have been given other instructions.

Your exam will be reviewed and read by a Radiologist within the next 24 hours. A report will go to your provider for him/her to review. Your provider is responsible for communicating the results to you and this will be done by letter, a phone call, or a follow up appointment. If you don't have a follow up appointment scheduled and have not heard anything within a week, you have the right to call your provider's department and inquire about results.

If you are unable to keep your appointment or have questions about your exam, please call 507-389-8570.

Please check in at Patient Registration prior to going to the Diagnostic Imaging Department.