

Intravenous Pyelogram (I.V.P.)

Patient: _____

Appointment Date: _____ Time: _____ am / pm

Location: Diagnostic Imaging Department at Mankato Clinic
1230 East Main Street, Mankato, MN 56001

An intravenous pyelogram (I.V.P.) uses fluoroscopy (moving x-rays) and a colorless contrast (x-ray dye) to visualize the kidneys and their function.

Day Before the Exam:

- **Begin a clear liquid diet. No solid food.** Drink only clear liquids for breakfast, lunch and dinner.
- Clear liquids allowed:
 - Apple, grape and cranberry juice
 - Popsicles
 - Fruit juice without pulp
 - Gummy bears
 - Water
 - Bouillon
 - Fruit sports drinks
 - Plain Jell-O
- It is important that you drink a variety of clear liquid beverages with calories to prevent dehydration.

Day of the Exam:

- Medications may be taken with sips of water. Clear liquids may be taken in moderate amounts until three hours before the exam.

During the Exam:

- You will be asked to undress (a gown will be provided) and empty your bladder before the exam.
- You will be asked to lie on your back on the exam table.
- An IV will be inserted in your arm and contrast will be injected through the IV.
- A series of images will be taken. They will be reviewed by a radiologist to determine if additional images are needed.
- When the series of images is completed, you will be asked to go to the restroom to completely empty your bladder. One or two more images will be taken to complete the exam.

After the Exam:

- The contrast will be eliminated through your urine, and should not discolor the urine or stool.
- You can resume your diet immediately after the examination, unless told otherwise by your provider.

Your exam will be reviewed and read by a Radiologist within the next 24 hours. A report will go to your provider for him/her to review. Your provider is responsible for communicating the results to you and this will be done by letter, a phone call, or a follow up appointment. If you don't have a follow up appointment scheduled and have not heard anything within a week, you have the right to call your provider's department and inquire about results.

If you are unable to keep your appointment or have questions about your exam, please call 507-389-8570.

Please check in at Patient Registration prior to going to the Diagnostic Imaging Department.