

MANKATO CLINIC DIAGNOSTIC IMAGING PATIENT INSTRUCTIONS

Hysterosalpingogram

Patient: _____

Appointment Date: _____ **Time:** _____ am / pm

Location: Diagnostic Imaging Department at Mankato Clinic
1230 East Main Street, Mankato, MN 56001

Before the Exam:

A hysterosalpingogram uses fluoroscopy (moving x-rays) and a colorless contrast (x-ray dye) to visualize the uterus and fallopian tubes.

Before scheduling your exam, please tell your physician/health care provider if you:

- Are pregnant or think you may be pregnant.
- Are allergic to contrast. You may need to take special medication before your exam.

There are no dietary restrictions for this exam.

During the Exam:

- You will be asked to undress (a gown will be provided) and empty your bladder before the exam. A cleansing towelette will be provided for you to wash your vaginal area prior to the exam.
- You will be asked to lie on your back on the exam table.
- The physician will place a speculum in the vagina to visualize the cervix. An instrument called a tenaculum is placed on the cervix to allow a narrow, metal cannula (tube) to be inserted through the cervical opening.
- X-ray images will be taken while the contrast is slowly injected through the cannula. You may experience mild cramping during the injection.
- You may be asked to roll slightly to one side or the other during the exam.

After the Exam:

- You may leak contrast fluid/bloody discharge for awhile after the exam. It is recommended to wear a sanitary pad, one will be provided unless you prefer to bring your own.

Your exam will be reviewed and read by a Radiologist within the next 24 hours. A report will go to your provider for him/her to review. Your provider is responsible for communicating the results to you and this will be done by letter, a phone call, or a follow up appointment. If you don't have a follow up appointment scheduled and have not heard anything within a week, you have the right to call your provider's department and inquire about results.

If you are unable to keep your appointment or have questions about your exam, please call 507-389-8570.

Please check in at Patient Registration prior to going to the Diagnostic Imaging Department.