

MANKATO CLINIC DIAGNOSTIC IMAGING PATIENT INSTRUCTIONS

Extremity Doppler Ultrasound (Upper or Lower)

Patient: _____

Appointment Date: _____ **Time:** _____ am / pm

Location: Diagnostic Imaging Department at Mankato Clinic
1230 East Main Street, Mankato, MN 56001

Before the Exam:

An extremity doppler ultrasound uses sound waves, not radiation, and an instrument called a transducer to obtain images of the deep vessels (veins or arteries) of the arms or legs.

- There are no dietary restrictions for this exam.
- Arriving late will result in rescheduling your exam.

During the Exam:

- You may be asked to undress. A gown will be provided.
- You will be asked to lie on a bed.
- This exam may take 30-60 minutes to complete.
- Warm gel will be placed on your arm(s) or leg(s).
- A transducer will be placed on your skin and moved around during the exam.
- The sonographer may apply pressure with the transducer throughout the exam to compress the veins underneath.
- The sonographer will take several images.
- Your images will be reviewed and read by a radiologist.
- The final signed report will be sent to the provider that ordered your exam.

After the Exam:

- You may resume your regular routine unless you have been given other instructions.

Your exam will be reviewed and read by a Radiologist within the next 24 hours. A report will go to your provider for him/her to review. Your provider is responsible for communicating the results to you and this will be done by letter, a phone call, or a follow up appointment. If you don't have a follow up appointment scheduled and have not heard anything within a week, you have the right to call your provider's department and inquire about results.

If you are unable to keep your appointment or have questions about your exam, please call 507-389-8570.

Please check in at Patient Registration prior to going to the Diagnostic Imaging Department.