

# CT Chest without Contrast

Patient: \_\_\_\_\_

Appointment Date: \_\_\_\_\_ Time: \_\_\_\_\_ am / pm

Location: Diagnostic Imaging Department at Mankato Clinic  
1230 East Main Street, Mankato, MN 56001

## Before the Exam:

This exam is a specialized x-ray of your organs located between the upper chest and bottom of your lungs.

- Before scheduling your exam, please tell your provider if you are pregnant or think you may be pregnant.
- Diet instructions will be given to you at the time of scheduling your appointment.

## During the Exam:

- The CT scanner is a large machine that is shaped like a donut.
- You will be asked to undress. A gown will be provided.
- You will be asked to lie on your back on the scanning table.
- Your arms will be placed above your head.
- You will not be given anything to drink.
- You will not be given an IV injection.

## After the Exam:

- You may resume your regular diet unless you have been given other instructions.

Your exam will be reviewed and read by a Radiologist within the next 24 hours. A report will go to your provider for him/her to review. Your provider is responsible for communicating the results to you and this will be done by letter, a phone call, or a follow up appointment. If you don't have a follow up appointment scheduled and have not heard anything within a week, you have the right to call your provider's department and inquire about results.

If you are unable to keep your appointment or have questions about your exam, please call 507-389-8570.

Please check in at Patient Registration prior to going to the Diagnostic Imaging Department.