

CT Abdomen and Pelvis without Contrast

Patient: _____

Appointment Date: _____ Time: _____ am / pm

Location: Diagnostic Imaging Department at Mankato Clinic
1230 East Main Street, Mankato, MN 56001

Before the Exam:

This exam is a specialized x-ray of your organs located between the lower lungs and bottom of the pelvis.

- Before scheduling your exam, please tell your provider if you are pregnant or think you may be pregnant.
- Diet instructions will be given to you at the time of your scheduling.

During the Exam:

- The CT scanner is a large machine that is shaped like a donut.
- You will be asked to undress. A gown will be provided.
- You will be asked to lie on your back on the scanning table.
- Your arms will be placed above your head.
- To better visualize your stomach and small bowel, oral contrast will be given to you 45 minutes prior to your scan.
- To visualize the lower portion of your bowel, rectal contrast may be needed. The contrast will be given through a small, plastic tube that is inserted into your rectum.

After the Exam:

- You may resume your regular diet unless you have been given other instructions.
- You may experience some diarrhea from a drink given to you 45 minutes prior to your exam.
- Drink plenty of water for the remainder of the day to flush the contrast out of your system.

Your exam will be reviewed and read by a Radiologist within the next 24 hours. A report will go to your provider for him/her to review. Your provider is responsible for communicating the results to you and this will be done by letter, a phone call, or a follow up appointment. If you don't have a follow up appointment scheduled and have not heard anything within a week, you have the right to call your provider's department and inquire about results.

If you are unable to keep your appointment or have questions about your exam, please call 507-389-8570.

Please check in at Patient Registration prior to going to the Diagnostic Imaging Department.