

Barium Enema Prep

MoviPrep Instructions

Split dose regimen: The MoviPrep carton contains four pouches and a disposable container for mixing. You must complete the entire prep to ensure the most effective cleansing.

Evening Before the Exam:

Step 1: 6:00 p.m. mix first dose - Empty one pouch A and one pouch B into the disposable container. Mix to dissolve

Step 2: Drink first dose - The MoviPrep container is divided by four marks. Every 15 minutes, drink the solution down to the next mark (approximately 8 oz.), until the full liter is consumed. Drink 16 oz. of clear liquid of your choice. This is a necessary step to ensure adequate hydration and an effective prep.

Day of the Exam:

The MoviPrep should be started five hours before your scheduled time.

Step 3: Mix second dose - Empty one pouch A and one pouch B into the disposable container. Add lukewarm drinking water to the top line of the container. Mix to dissolve.

Step 4: Drink second dose - The MoviPrep container is divided by four marks. Every 15 minutes, drink the solution down to the next mark (approximately 8 oz.), until the full liter is consumed. Drink 16 oz. of clear liquid of your choice. This is a necessary step to ensure adequate hydration and an effective prep.

You may drink clear liquids up to one hour before your procedure. If you are diabetic please monitor your blood sugar closely.

It is very important that you drink all of the Prep. *Proper bowel preparation for a colon is necessary in order for the radiologist to fully view your colon. If your stool is not clear liquid your procedure may need to be rescheduled.*

GoLyately Prep Instructions

In the Morning:

Fill the container of GoLyately to the fill line with warm tap water and put it in the refrigerator to keep cold. It is okay to flavor the GoLyately with Crystal Light or Kool-Aid of your choice.

6:00 p.m.: Start drinking the first half of the GoLyately. Drink 8 oz. of GoLyately every 10 minutes until you have finished half of the contents of the container.

Your body loses significant amounts of fluid during bowel preparation. In order to prevent dehydration, it is important to supplement that fluid loss with clear liquids. Make a conscious effort to drink as much as you can before, during and after the preparation.

Day of the Exam:

The second half of GoLyately should be started five hours before your scheduled time.

Drink 8 oz. of GoLyately every 10 minutes until container is empty. You may drink clear liquids up to one hour before your procedure. If you are diabetic please monitor your blood sugar closely.

It is very important that you drink all of the Prep. *Proper bowel preparation for a colon is necessary in order for the radiologist to fully view your colon. If your stool is not clear liquid your procedure may need to be rescheduled.*