

When your family is complete,
choose Essure

Essure® is a gentle, hormone-free
permanent birth control procedure—
without surgery, burning, or the risks
of getting your tubes tied.



Visit essure.com
or call 1-877-ESSURE-1
(1-877-377-8731)

essure®
YOUR FAMILY IS COMPLETE.
YOUR CHOICE IS CLEAR.™

What is Essure?

Essure® is a proven permanent birth control procedure that works with your body to create a natural barrier against pregnancy. This gentle, non-surgical procedure can be performed in the comfort of a doctor's office in minutes. Unlike some forms of birth control, Essure blocks the egg and sperm from meeting, so conception never occurs.

Essure has been trusted by hundreds of thousands of women and their doctors for over five years and is the most effective form of permanent birth control available. Essure is covered by most insurance providers, and if the Essure procedure is performed in a doctor's office, depending on your specific insurance plan, payment may be as low as a simple co-pay.



Essure offers women what no other birth control ever has

- No surgery, burning, or anesthesia
- No hormones
- No slowing down to recover
- Short 10-minute procedure time
- Peace of mind—your doctor can confirm when you can rely on Essure for birth control
- The most effective form of permanent birth control available*
- Trusted by hundreds of thousands of women and their doctors for over five years

... And you'll never have to worry about unplanned pregnancy again.

Here's how Essure compares

	Essure	Tubal Ligation	Vasectomy	IUD	Pill
Hormone-free	✓	✓	✓	*	
Incision-free	✓			✓	✓
No hospital visit necessary	✓		✓	✓	✓
Permanent	✓	✓	✓		
Doesn't require general anesthesia	✓		✓	✓	✓
Rapid recovery (in 1-2 days or sooner)	✓			✓	✓
Confirmation Test	✓		✓		
Failure Rates	.05% (1 year)	.55% (1 year)	.74% (1 year)	.2%	8%
	.26% (5 years)	1.18% (4 years)	1.13% (5 years)		

*Based on 5 years of clinical data.

*Some IUDs contain hormones, while others don't.

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How does Essure work?

1 An Essure-certified doctor places soft, flexible inserts into the fallopian tubes. No incision is needed because these tiny inserts are delivered through the vagina and cervix. The tip of the insert remains outside the tube, which provides you and your doctor with immediate visual confirmation of placement.

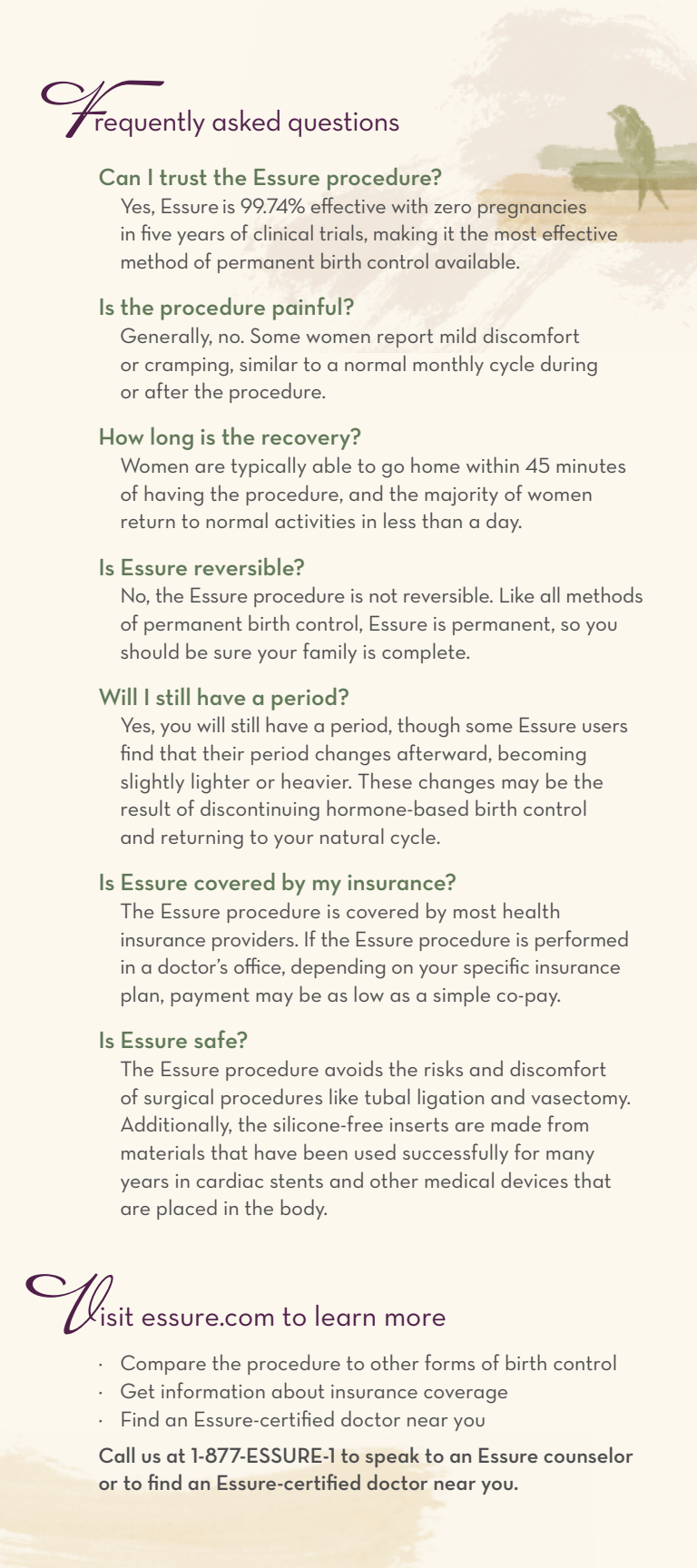


2 Over the next three months, a natural barrier forms around the inserts and prevents sperm from reaching the eggs. The ovaries will continue to release eggs, but they will be absorbed back into the body.



3 After three months, it's time to get an Essure Confirmation Test to verify you're protected from the worries of unplanned pregnancy. The test uses a dye and special type of x-ray to ensure **both** that the the inserts are in place and that the fallopian tubes are completely blocked. Until that time, you must continue using another form of birth control.





Frequently asked questions

Can I trust the Essure procedure?

Yes, Essure is 99.74% effective with zero pregnancies in five years of clinical trials, making it the most effective method of permanent birth control available.

Is the procedure painful?

Generally, no. Some women report mild discomfort or cramping, similar to a normal monthly cycle during or after the procedure.

How long is the recovery?

Women are typically able to go home within 45 minutes of having the procedure, and the majority of women return to normal activities in less than a day.

Is Essure reversible?

No, the Essure procedure is not reversible. Like all methods of permanent birth control, Essure is permanent, so you should be sure your family is complete.

Will I still have a period?

Yes, you will still have a period, though some Essure users find that their period changes afterward, becoming slightly lighter or heavier. These changes may be the result of discontinuing hormone-based birth control and returning to your natural cycle.

Is Essure covered by my insurance?

The Essure procedure is covered by most health insurance providers. If the Essure procedure is performed in a doctor's office, depending on your specific insurance plan, payment may be as low as a simple co-pay.

Is Essure safe?

The Essure procedure avoids the risks and discomfort of surgical procedures like tubal ligation and vasectomy. Additionally, the silicone-free inserts are made from materials that have been used successfully for many years in cardiac stents and other medical devices that are placed in the body.

Visit essure.com to learn more

- Compare the procedure to other forms of birth control
- Get information about insurance coverage
- Find an Essure-certified doctor near you

Call us at 1-877-ESSURE-1 to speak to an Essure counselor or to find an Essure-certified doctor near you.

Considerations

- Essure is permanent and not reversible
- No form of birth control should be considered 100% effective
- Not all women who undergo the Essure procedure will achieve successful placement of both inserts

Essure is for women whose families are complete. Like all permanent birth control procedures, Essure is only right for you if you do not want to have additional children and are not currently pregnant. Essure is also not suitable for women who have had a tubal ligation or cannot have an insert placed in each fallopian tube. You must be willing to have the Essure Confirmation Test. Talk to your doctor if you have a known allergy to contrast dye (dye used during x-rays) or have a sensitivity to nickel, as shown by a skin test.

As with all medical procedures, there are risks associated with the Essure procedure. Risks during or immediately after the procedure may include mild to moderate cramping, nausea/vomiting, dizziness/light-headedness, and bleeding/spotting. You can find a complete list of considerations at essure.com, or call the Essure Information Center at 1-877-ESSURE-1 (1-877-377-8731).

Embrace the next stage of your life with confidence. With the Essure procedure, you never have to worry about unplanned pregnancy again.

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